

## WEEK THREE

### MONDAY

<b>LUNCH</b>	Chicken chasseur with vegetable rice and crusty bread
<b>VEGETARIAN</b>	Vegetable and lentil casserole with crusty bread
<b>DESSERT</b>	Mousse
<b>TEA</b>	Homemade pizzas with salad

### TUESDAY

<b>LUNCH</b>	Homemade fish pie with broccoli and carrots
<b>VEGETARIAN</b>	Homemade cheesy pie with broccoli and carrots
<b>DESSERT</b>	Fruit yoghurts
<b>TEA</b>	A selection of sandwiches with fruit

### WEDNESDAY

<b>LUNCH</b>	Jacket potato with grated cheese and baked beans
<b>VEGETARIAN</b>	Jacket potato with grated cheese and baked beans
<b>DESSERT</b>	Banana and custard
<b>TEA</b>	Scrambled egg on wholemeal toast

### THURSDAY

<b>LUNCH</b>	Sardine, tomato and courgette risotto with pitta bread
<b>VEGETARIAN</b>	Tomato, courgette and cheese risotto with pitta bread
<b>DESSERT</b>	Fruit yoghurts
<b>TEA</b>	Toasted crumpets with cheese and salad

### FRIDAY

<b>LUNCH</b>	Chicken and leek pie with carrots and peas
<b>VEGETARIAN</b>	Cheesy leek pie with carrots and peas
<b>DESSERT</b>	Arctic roll
<b>TEA</b>	A selection of wraps with various fillings with fruit

A selection of fruit and yoghurts are made available to the children throughout the day.